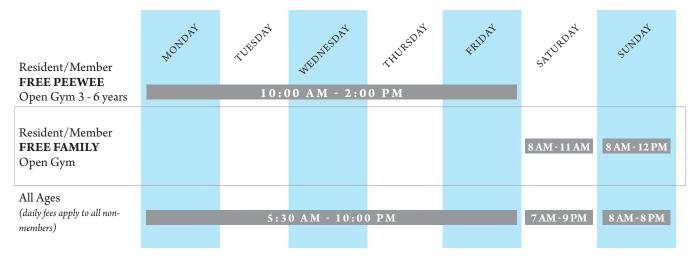
# **SPORTSPLEX**

# PEN GYM SCHEDULE



Resident/Member Free Open Gyms are available during the specified time slots and categories only. All non-members must pay the daily admission fee at all other times. Open Gym hours are subject to change. A gym schedule will be posted at the gym entrance.



I've been getting back in my routine of going to the Sportsplex a few nights a week and I want to recognize the young people who work there. They are really pleasant, polite and willing to help or answer any questions. They say hello and good night every time with a smile on their face. I know that's their job, but I just want to recognize the fact that they do it in such an outstanding manner.

- Vicky M.

#### SCHOOL DAYS OFF AT THE SPORTSPLEX

SCHOOL'S OUT...FUN IS IN! Participate in open gym and open soccer at the Sportsplex during your day off from school. 'The Rock' will be available from noon to 6:00 PM for climbing at an additional fee. Fees are per date. Limited capacity.

DATES: Mar 25, 26, 27, 28, 29 & Apr 1

TIME: 12:00 PM to 6:00 PM

AGE: 9 & up **LOCATION:** Sportsplex

\$3.00(R) / \$6.00(N) /\$12.00(N - H.S. & up) FEE:

\$3.00(R) / \$6.00(N) climbing fee

FREE TO MEMBERS

#### SCHOOL DAYS OFF ALL INCLUSIVE PLAY PACKAGE

**FEE:** \$5.00(R) / \$10.00(N) / \$15.00(N-H.S. & up) School Day Off Hours Apply This play package includes rock climbing, open gym and open field play during School Days Off dates/times. Take advantage of the School Days Off Play Package and enjoy a fun day off at a discounted fee.

#### **OPEN FIELDS**

Monday, Wednesday, & Friday: 4:00 PM to 6:00 PM

Open Field consists of whichever sport children wish to play. Open Field/Open Gym hours are subject to change and do not pertain to school days off. A schedule will be posted at the entrance. All non-members must either pay the daily fee or use credits from their Activity Pass for admittance. Wristbands are required. Wristbands that have been removed are invalid. Guest passes are not accepted for open gym/field. No personal belongings are permitted in gyms during Open Gym hours. Sportsplex reserves the right to require a photo ID as proof of age, and limit the number of participants in Open Gym.

#### 9 YEARS & OLDER

3(R) / 6(N) under high school age // 12(N) high school age & up (Golf Cages will be available from 5:30 AM to 3:00 PM Monday thru Friday upon availability and by request only.)

Children must be 9 years and older to participate without a parent/ guardian in open gym/open field.

#### **SPORTSPLEX HOLIDAY HOURS**

EASTER SUNDAY, MARCH 31: 8:00 AM to 12:00 PM **MEMORIAL DAY, MAY 27:** 7:00 AM to 1:00 PM INDEPENDENCE DAY, JULY 4: 7:00 AM to 1:00 PM The Administration Office, Rock, and Kidz Room will be **CLOSED** on these days.

# **DROP IN ACTIVITY FEES**

	MEMBER	RESIDENT	NR 8TH GRADE & UNDER	NR HIGH SCHOOL
Open Gym/Field	FREE	\$3.00	\$6.00	\$12.00
Climbing Wall	FREE	\$3.00	\$6.00	\$6.00
Golf Cages	FREE	\$2.00	\$3.00	\$6.00
Group Fitness Classes	FREE	\$5.00	N/A	\$12.00
Res. Sr. Fitness Classes	FREE	\$3.00	N/A	N/A
All Inclusive Visit	FREE	\$10.00	N/A	\$18.00

Sportsplex reserves the right to request proof of age.

#### **RESIDENT ACTIVITY PASS**

- Each credit on a pass costs \$.80 and is worth \$1 in daily fees (a 20% savings).
- You may purchase credits in increments of 5 credits at a cost of \$4.00.
- Credits on passes may be shared, however, each participant must possess a Resident ID issued by the Recreation Department.
- The Resident Activity Pass has been designed for your convenience by eliminating the need to carry cash. When a Resident Activity Pass is purchased, credits (worth dollars) will be placed on your card and can be used toward any of the daily fees charged for Sportsplex activities as listed. An Activity Pass may not be used at the Centennial Pool or Winter Wonderland Ice Rink. Passes are available at either Recreation Department office during regular office hours. Please retain your card from year to year.

#### ORLAND PARK RESIDENT I.D.

- To ensure that resident privileges are not abused, a Resident ID must be issued to all Orland Park residents 3 years of age and older, who do not hold any active memberships. Any resident 3 years of age and older who wish to participate in drop-in activities (i.e. track, open gym/field, climbing wall, group fitness) must possess a resident ID. This Resident ID will be required as proof of residency for daily admission at resident rates.
- Resident ID cards are available at either Recreation Department
  office free of charge. A driver's license and current utility bill are
  required to obtain a Resident ID. No other proof of residency will
  be accepted for drop-in activities. ID cards must be retained from
  year to year. Residents under the age of 18 must obtain a parents
  signature on a waiver.
- ID's must be renewed annually by presenting a current driver's license and a current utility bill. Non-resident rates will be charged to all participants without a Village of Orland Park Resident ID.

#### REFER A FRIEND MEMBERSHIP PROGRAM

Not only will you have a work-out buddy, but you'll receive one free month added on to YOUR membership when they purchase a membership. **ALL RULES APPLY.** 



#### FREE FRIEND FRIDAYS!

The Sportsplex Fitness Center is FREE for friends on Fridays! Sportsplex members can introduce family or friends to the benefits of exercise while gaining a workout partner. These offers are limited to the Fitness Center only. Participant must be 14 years of age or older. Maximum limit of two guests per day. **ALL RULES APPLY.** 



Registering for Recreation programs just got easier. Online registration can be done from the comfort of your home at any time of day. See page 10 for online registration instructions and for all other available registration options.

## SPORTSPLEX





MEMBERSHIP BETWEEN MARCH 1 & 31. AND RECEIVE 2 MONTHS FREE.

\* Non-annual member for 6+ months. \*\* Free months applied at end of membership term.



#### **BE FIT FOR SUMMER**

with our Crossover Membership Special. Sportsplex Members receive \* 20% off a Centennial Park Aquatic Center membership!

\* 20% discount off regular priced pool membership (pool discount available to Sportsplex 3 & 12 month memberships)

#### **NOT A SPORTSPLEX MEMBER YET?**

Purchase a 12-month Sportsplex membership and receive \* 3 MONTHS FREE - no initiation fees.

\* Offer available for 12-month Sportsplex Memberships only. New members or non-member for 6+months to qualify. Offer good May 1 to June 30, 2013.



# **SPORTSPLEX STUDENT**

Membership Special

SPRING BREAK SPECIAL Available March 1 to April 14 10 DAY MEMBERSHIP: \$25(R) / \$35(N)

**SUMMER STUDENT SPECIAL** Available May 1 to August 31 **3-MONTH MEMBERSHIP:** \$83(R) / \$135(N)

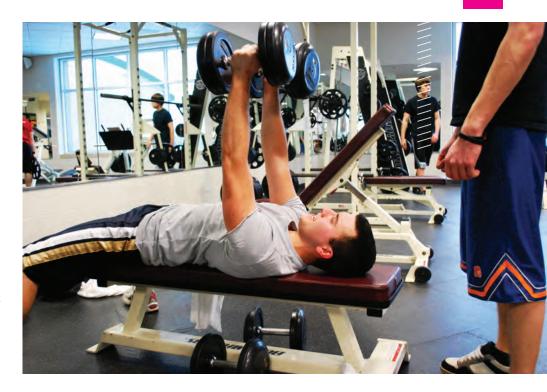
Students can "SUPERSIZE" their membership by adding an additional month for just \$12 more!

**4-MONTH MEMBERSHIP:** \$95(R) / \$147(N)

\* All rules apply. Proof of enrollment required.

#### **PERSONAL TRAINING**

With personal training, a certified trainer has the opportunity to work one-on-one with the individual in designing a customized routine. If you are interested in receiving personal training, fill out an informational sheet at the fitness or registration desk. Our certified and experienced personal trainers can design a workout program to suit any of your needs. Safety will be emphasized. Personal training sessions are 55 minutes in length - Youth training sessions are 45 minutes. Personal training sessions expire one year after purchase. If you have any questions, please see the Fitness Manager, Deborah Graham Geghen.



#### INDIVIDUAL PERSONAL TRAINING FEES 55 minute sessions

	ONE SESSION	FIVE SESSIONS	TEN SESSIONS	TWENTY SESSION
Sportsplex Member	\$40.00	\$175.00	\$325.00	\$620.00
Non-Member Resident	\$45.00	\$200.00	N/A	N/A
Non-Member Non-resident	\$60.00	\$250.00	N/A	N/A

#### YOUTH TRAINING - AGES: 8 TO 13 45 minute sessions

	ONE SESSION	FIVE SESSIONS	TEN SESSIONS	TWENTY SESSION
Member	\$30.00	\$145.00	\$280.00	\$540.00
Resident	\$35.00	\$170.00	N/A	N/A
Non-resident	\$40.00	\$195.00	N/A	N/A

#### GROUP PERSONAL TRAINING FEES - MEMBERS ONLY 55 minute sessions

Prices are per person and those signing up together must train together.

	ONE SESSION	FIVE SESSIONS	TEN SESSIONS	TWENTY SESSION
Two Members	\$35.00	\$150.00	\$275.00	\$525.00
Three Members	\$25.00	\$110.00	\$200.00	\$340.00
Four Members	\$20.00	\$85.00	\$150.00	\$280.00

#### GROUP PERSONAL TRAINING FEES - SENIOR MEMBERS ONLY (55 years & up) 55 minute sessions

Prices are per person and those signing up together must train together.

	ONE SESSION	FIVE SESSIONS	TEN SESSIONS	TWENTY SESSION
Two Members	\$30.00	\$140.00	\$260.00	\$505.00
Three Members	\$20.00	\$90.00	\$170.00	\$300.00
Four Members	\$15.00	\$70.00	\$125.00	\$235.00

# **SPORTSPLEX**



#### THE ROCK

**DAILY FEES:** \$3.00 (R) / \$6.00 (N) / FREE TO MEMBERS

The Sportsplex is thrilled to present a towering 32' climbing rock, equipped with 8 ropes, 6 lead and 2 auto belays. We invite you to discover a new kind of fitness challenge that is fun for everyone 5 years and older.

#### **DROP-IN "CLIMB TIME" HOURS**

Monday thru Friday: 4:00 PM to 7:00 PM Saturday: 11:00 AM to 3:00 PM Sunday: 3:00 PM to 6:00 PM

# SUMMER DROP-IN "CLIMB TIME" HOURS JUNE 10 TO AUGUST 11

Monday & Wednesday: 12:00 PM to 4:00 PM
Tuesday & Thursday: 3:00 PM to 6:00 PM
Friday: 2:00 PM to 5:00 PM
Saturday: 12:00 AM to 3:00 PM
Sunday: 3:00 PM to 6:00 PM

- All climbers must check in at Sports Central each time they intend to participate in open climbs or classes.
- 2. Sports Central will provide you with a wristband which must be worn while climbing. Wristbands that have been removed are invalid.
- Use during open climbs is accommodated on a first come, first served basis.
- 4. Bouldering is NOT permitted. The use of the climbing wall without the use of a top rope or auto belay is NOT permitted.
- 5. Staff will hook and unhook the auto belay ropes. The climber will not hook or unhook the auto belay themselves.
- 6. When descending the wall, climbers should push their feet flat against the wall to assure a safe descent.
- 7. Athletic shoes are required (no sandals, flip-flops, or open toe shoes).

#### **KID ROCK**

Rock climbing is a great alternative fitness opportunity that will improve strength, coordination, and flexibility, plus it is a lot of fun. Participants will learn all aspects of indoor rock climbing including basic skills, safety concepts, and proper commands. Awards will be presented at the last class.

PROGRAM#: 71412

**DATE:** Apr 10 to May 15 **DAY:** Wednesday

**TIME:** 7:00 PM to 8:00 PM

**AGE:** 5 to 10 **LIMIT:** 12

LOCATION: Sportsplex, Climbing Wall

**FEE:** \$30.00(R) / \$45.00(N) / \$25.00(M)

#### **ROCK CLIMBING CAMP**

This camp will include climbing commands, knot tying, use of the belay device, and climbing techniques. Games and competitions will also be part of the camp.

**PROGRAM#:** 71413

**DATE:** Jul 22 to Jul 26

**DAY:** Monday, Wednesday & Friday **TIME:** 10:00 AM to 12:00 PM

**AGE:** 7 to 12 **LIMIT:** 12

LOCATION: Sportsplex, Climbing Wall

**FEE:** \$30.00(R) / \$45.00(N) / \$25.00(M)

#### **GROUP CLIMBS**

Get your friends, group or organization together and reserve your time at "THE ROCK". By reserving it for a group climb, you are guaranteed exclusive use of the wall during that time. Daily fees apply. A minimum of 8 and a maximum of 20 climbers is required to reserve a time slot. Reservations must be made 7 business days in advance. See below for available times. Participants must wear closed-toe shoes.

#### **AVAILABLE TIMES**

Monday, Tuesday & Thursday: 7:00 PM to 8:00 PM Saturday: 10:00 AM to 11:00 AM



### **SPORTS, ROCK & DANCE PARTIES**

A variety of party packages are available to celebrate birthdays, the end of a sports season, a scouting event, or any special occasion. Sportsplex parties are for ages 5 years and older. Dance parties are for children 4 years and older. You provide refreshments, cake, paper products & party favors. The recreation department will provide a party host, a small party area, and the fun! Parties are reserved on a first come, first serve basis. Reservations and payment for your party may be completed in person at either the Sportsplex or Recreation Administration office. Full payment is required at the time of the reservation. Call 708.645.PLAY or 708.403.PARK for more information on available dates and times.

#### **SPORTS & ROCK PARTIES** AT THE SPORTSPLEX

#### IN THE GYM LIMIT: 25

DAYS: TIMES:

Saturday 12:00 PM to 2:00 PM

Saturday 2:30 PM to 4:30 PM (beginning Mar 23)

Sunday 12:00 PM to 2:00 PM

ON THE FIELD LIMIT: 25 // Unavailable January thru mid-March

DAYS: TIMES:

Saturday 1:00 PM to 3:00 PM (beginning Jun 1)

Saturday 2:00 PM to 4:00 PM

Saturday 3:30 PM to 5:30 PM (beginning Jun 1)

 Saturday
 4:30 PM to 6:30 PM

 Sunday
 1:00 PM to 3:00 PM

 Sunday
 3:30 PM to 5:30 PM

#### AT THE ROCK LIMIT: 20

DAYS: TIMES:

 Monday
 4:00 PM to 5:45 PM (Jun 10 to Aug 5)

 Wednesday
 4:00 PM to 5:45 PM (Jun 12 to Aug 7)

 Friday
 5:00 PM to 6:45 PM (Jun 14 to Aug 9)

 Friday
 7:00 PM to 8:45 PM (thru Jun 7)

Saturday 3:00 PM to 4:45 PM Saturday 5:00 PM to 6:45 PM

Saturday 7:00 PM to 8:45 PM (thru Jun 8)

Sunday 11:00 AM to 12:45 PM Sunday 1:00 PM to 2:45 PM

#### **DANCE PARTIES AT THE CULTURAL CENTER**

AGES: 4 & older // DAY: Saturday // TIME: 5:00 PM to 7:00 PM

Celebrate with one of our themed dance parties. Choose from a tropical luau, hip hop party, western hoe down or a princess/prince party. Party will include 1 hour and 15 minutes of dance instruction by a party host and 45 minutes in a party room.



#### THE KIDZ ROOM 6 months to 10 years

Members may choose from a daily or monthly option when using the Sportsplex childcare services. Daily fees are available to all Sportsplex participants.

#### **HOURS**

Monday - Thursday: 8:00 AM to 8:00 PM Friday: 8:00 AM to 7:00 PM Saturday: 7:45 AM to 1:00 PM

#### SUMMER HOURS (MAY 28 TO AUG 31)

Monday - Thursday: 8:00 AM to 12:00 PM

4:00 PM to 7:00 PM

Friday: 8:00 AM to 12:00 PM Saturday: 7:45 AM to 12:00 PM

#### DAILY FEE - PER CHILD

MEMBER RESIDENT NON-RESIDENT

\$1/hr. \$3 / hr. \$4 / hr.

#### MONTHLY FEE - PER CHILD

**MEMBERS ONLY:** \$12

#### CHECK-IN / CHECK-OUT PROCEDURE

Emergency information form & picture must be on file for all participants using the Kidz Room.

#### .\\\\\\\\\\\\\\\\\**PARTY FEES**

Up to 10 children \$110.00(R) / \$160.00(N) / \$100.00(M) 11 to 20 children \$140.00(R) / \$190.00(N) / \$130.00(M)

Over 20 guests (sports & soccer parties only) additional \$5.00 per child (25 guests maximum). For parties at the Sportsplex, Sportsplex members receive a \$10 discount. Fees are based on the residence of the birthday child.