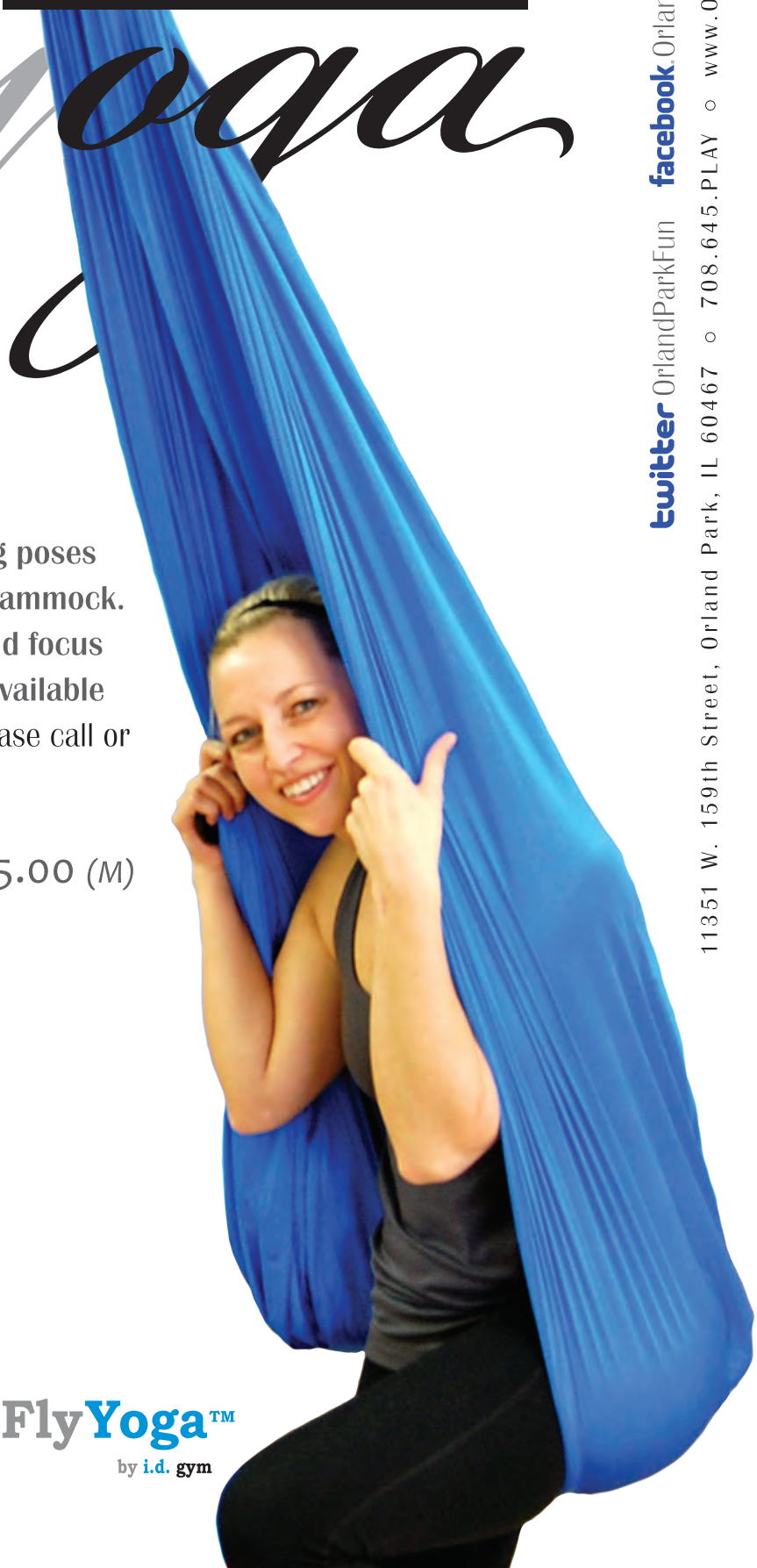
VILLAGE OF ORLAND PARK

NEW

Flyoga



SIGN UP TODAY!

Stretch further and hold challenging poses longer using a flowing fabric yoga hammock. One can gain strength, flexibility, and focus through this class. Private classes available upon request. Class times vary so please call or visit our website for a full listing.

$90.00 (R) / $135.00 (N) / $85.00 (M)

SPRING SESSION I
APRIL 1 - MAY 11

SPRING SESSION II
MAY 13 - JUNE 24

SUMMER SESSION I
JULY 1 - AUGUST 10

Sportsplex
VILLAGE OF ORLAND PARK

FlyYoga™
by i.d. gym

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